

# Elderly homeless health in Trieste


BUDAPEST, 3-5 OCTOBER 2022

# OUR CENTERS

- ▶ **TERESIANO:** The facility can accommodate up to 70 people, mostly homeless residents in Trieste Municipality supported by the social service. Our guests are both single people and multi-problematic families.
- ▶ **MARANA THA' :** Low threshold shelter open twenty-four hours for single men, resident in Trieste Municipality but we can accommodate also non-residents and undocumented people (one night).
- ▶ **BETANIA:** Small Villa with garden for families resident in the Municipality of Trieste in charge of the Social Service. (14 people) Each family has 1 or 2 rooms and a private bathroom, they share the living space and kitchen.
- ▶ **HOTEL ALABARDA:** Opened by the Municipality of Trieste in December 2020 as center for preventive isolation for COVID-19; Since the end of the period of COVID-19 Emergency is now used for short periods of emergency accommodation for single people and families in case of situations unknown to the social service (evictions, fire, gas explosion etc.) After a short period the social workers of the municipality take charge of the case and we elaborate together with the client the further housing project.
- ▶ **MIGRANTS HUB (Campo Sacro):** Opened by Prefettura of Trieste in March 2020 as center for preventive isolation for COVID-19. All the migrants, potentially asylum seekers entering Italy from the border with Slovenia were sent by the police to this center before entering the regular accommodation services in all Italy. After the end of the COVID-19 emergency is still opened as the emergency accommodation center for asylum seekers just entering Italy.



# Can we define elderly just by age?

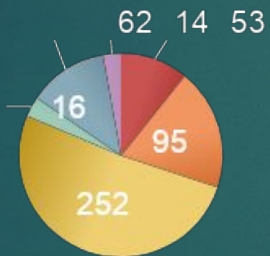
- ▶ Elderly age is set at 65 years old 
- ▶ Medical research proved that defining elderly age by chronology alone has its limitations
- ▶ Autoimmune and chronic diseases are also proven to have a high impact on people's quality and expectancy of life, often leading them to troublesome health conditions before elderly age
- ▶ Flaw in the system



# HOMELESS FROM MUNICIPALITY 2021

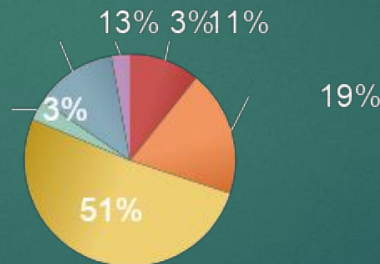
HOUSE	CLIENTS (412)	OVER 60 (11,2%)
MARANATHA' H24	53	8
MARANATHA' DIURNI	95	6
ALABARDA ISOLAMENTO	252	30
ALABARDA EME. ABITATI	16	2
TERESIANO	62	9
BETANIA	14	0

**PRESENCE**



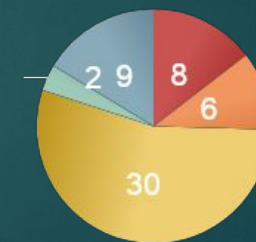
- MARA H24
- MARA DIURNO
- ALABARDA ISO
- ALABARDA EME ABITA
- TERESIANO
- BETANIA

**%**



- MARA H24
- MARA DIURNO
- ALABARDA ISO
- ALABARDA EME ABITA
- TERESIANO
- BETANIA

**OVER 60**

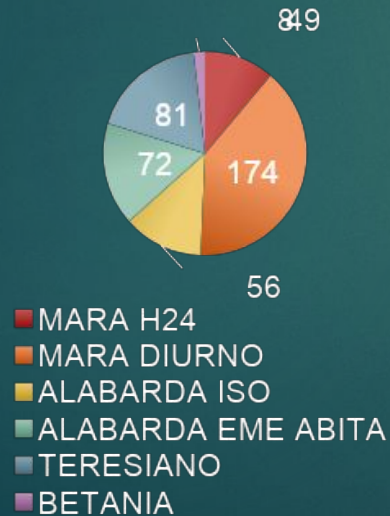


- MARA H24
- MARA DIURNO
- ALABARDA ISO
- ALABARDA EME ABITA
- TERESIANO
- BETANIA

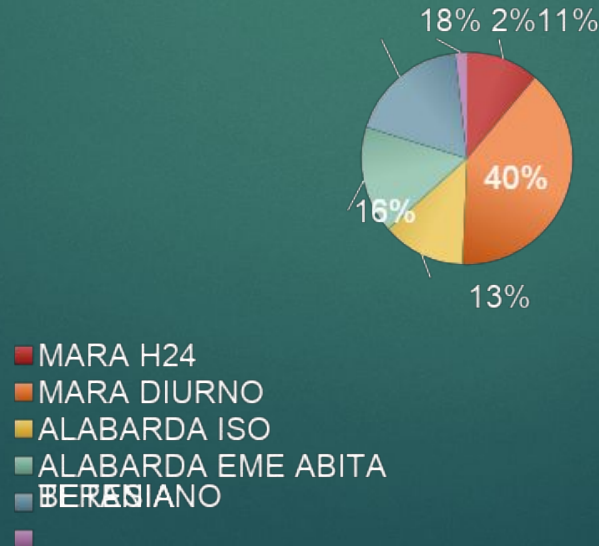
# HOMELESS FROM MUNICIPALITY 2022 (Jan-Sep)

HOUSE	CLIENTS (440)	Over 60 (7,7%)
MARANATHA' H24	49	7
MARANATHA' Day Care Center	174	3
ALABARDA Covid Isolation	56	7
ALABARDA Housing Emergency	72	7
TERESIANO	81	10
BETANIA	8	0

## PRESENCE



## %



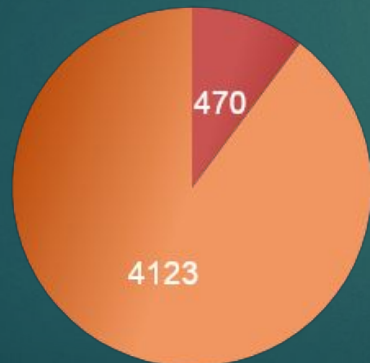
## OVER 60



# BALKAN ROUTE 2021

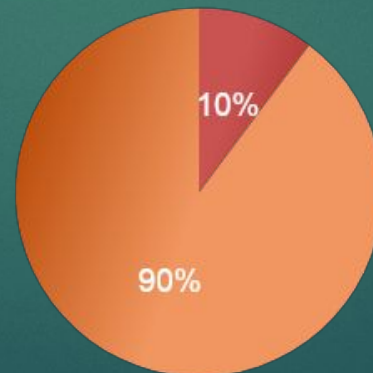
HOUSE	CLIENTS	OVER 60
TRANSILVANIA	470	1
CAMPO SACRO	4.123	12

## PRESENCE



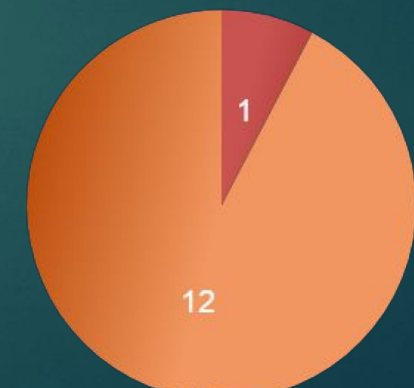
■ TRANSILVANIA ■ CAMPO SACRO

## %



■ TRANSILVANIA ■ CAMPO SACRO

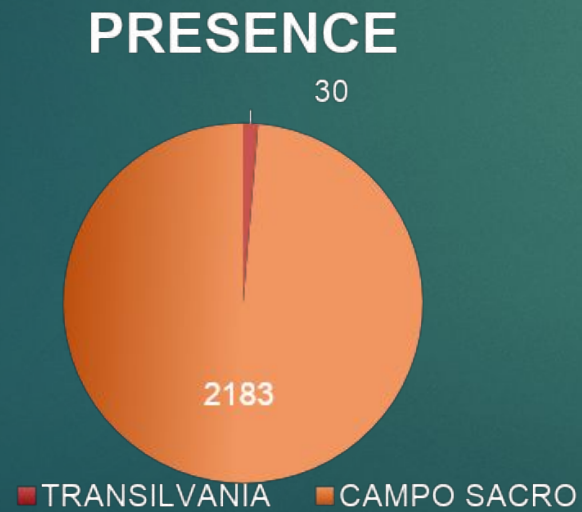
## OVER 60



■ TRANSILVANIA ■ CAMPO SACRO

# BALKAN ROUTE 2022 (Jan-Sep)

HOUSE	CLIENTS	Over 60
TRANSILVANIA	30	0
CAMPO SACRO	2.183	2





# MENTAL (HEALTH) WELL BEING ISSUES IN OUR CLIENTS

(excluding psychiatric diagnoses or senile dementia)

- ▶ all clients get support for medical visits GP
- ▶ priority for guests over 60
- ▶ evaluation of physical and psychic well being

main issues:

- ▶ feeling lonely
- ▶ feeling helpless
- ▶ feeling incapable to manage their every day life



# CARITAS TRIESTE METHODOLOGY

- ▶ PEER Support
- ▶ Give the chance to our guest to choose the room mates
- ▶ keep low numbers in each room as much as possible
- ▶ we try to help people in our centers to build relationships and mutual support for :
  - sharing a flat
  - help each other in everyday life tasks (paying the bills, shopping, medical visits, etc.)

example: one person has a good income as a retired employee but needs support in everyday life, the other's income is low and can't pay a flat on his own. We try to match the pair .

# Iryna – complex health situation

cirrhosis of the liver / kidney failure / gastroparesis / type-2-diabetes

90% INVALIDITÀ CIVILE

## Background

Ust-Kamenogorsk  
(Kazakhstan) **1962**

Mid-2000s ⇒ Salerno

2009 ⇒ Treviso

2011/2012 ⇒ Family moves in,  
conflicts

2015 ⇒ Trieste

2019 ⇒ Hospitalization

## Invalidità civile (legal disability)

- 1) GP writes a report
- 2) Patronage: registers the request
- 3) INPS: schedules visits  
**A) invalidità civile** – defines handicap type and sets a percentage level  
**B) Law 104/1992** – defines type of assistance required  
**C) Law 68/1999** – defines work activities compatibility
- 4) Eventually aggravation

<b>33%≥</b>	Medical help from the State
<b>45%≥</b>	Targeted placement at work
<b>50%≥</b>	Possible periodical release from work for medical treatments
<b>66%≥</b>	Total exemption from medical expenses
<b>74%≥</b>	Monthly check (€300~)
<b>100%</b>	Accompanying allowance (€700~)

# Search for a housing solution

- ❖ 2019 ⇨ Supported Co-housing
- ❖ 2021 ⇨ Proposal for Housing First project from her social worker of the municipality
- ❖ 2022 ⇨ Project start



## RISKS

- Being trapped in the circuit of social housing because her monthly check isn't enough to provide a flat on her own
- Even with an access to public housing there is a risk of relying on assistance at least until reaching the age of social pension (67 years old)

- ▶ Among the various requirements for **public housing**, 5 years of continue registered residence in the municipality are mandatory.
- ▶ People can apply for public housing every time there is a new window to submit an application (usually every 5 years) but for some particular conditions (*age over 65, extra judicial separation, non-debt eviction*) people can apply out of the Iryna did not fit either of these requirements after 5 years of continue registered residence.



# THE CASE OF MUZAFFAR

(Pakistan - 1946)





## THE CASE OF MUZAFFAR (Pakistan 1946)

- 2016 arrival in Italy - asylum seeker
- 2017 subsidiary protection 5 years permit of stay
- until 2019 housing project due to the bad health condition , diagnosed with a terminall illness (3 months without surgery) decides to pass last months of his life in Pakistan .
- 2022 returns in Italy (he has survived more than 3 months, had undergone surgery in Pakistan.)
- Now he lives in a 24 hours shelter for single men

### Problems:

- health issues due to his diagnoses
- no income
- no pension
- level 0 italian language
- depression

What would you do ?